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## Coupland's done his home work

**Exclusive:** Author and artist talks to Metro about his new line of furniture PAGE 15

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# Councillor links budget to bratwurst

**'Not seeing the light.'** Another councillor on EPC continues rebel call for changes

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

A city councillor cooked up a clever way to describe Winnipeg's 2013 budget process, linking it to sausage.

"Making a budget I think in a lot of ways is like making sausage: lots of crazy stuff, lots of fights, lots of everything along the way to get there, but the end result, what you have there is very workable — and at the end of the day, it tastes pretty good," said Coun. Jeff Browaty (North Kildonan), to great laughs from those who attended Wednesday's executive policy committee meeting.

Coun. Russ Wyatt, chair of the finance committee, shared amendments to the preliminary budgets that included changing the funding cuts to museums from 10 to 5 per cent, an additional $340,000 for the Assiniboine Park Conservancy, a $143,000 reduction to the proposed $722,000 for EPC's policy development and communications office and $200,000 for Sherbrook Pool.

However, one controversial item remained: the $600,000 toward councillors' ward-representation allowance, which currently stands at about $75,000 and would see an increase of $40,000.

Coun. Paula Havixbeck (Charleswood-Tuxedo), a vocal critic of many budget items, moved four motions during the EPC meeting, all of which failed.

Mayor Sam Katz said Havixbeck is "not seeing the light," prompting questions of whether she'll remain on EPC for much longer.

"People elect me to represent them, and we are purse-keepers of their money, so to speak, and they put their trust in us, and I think right now the trust in city hall is not very high," said Havixbeck after the meeting.

"So it's not a matter of being in or out of executive policy committee; I feel I'm a strong voice there."

**Sausage link**

**"Making a budget ... is like making sausage: lots of crazy stuff, lots of fights, lots of everything along the way to get there, but the end result ... is very workable."**

Coun. Jeff Browaty (North Kildonan)

Coun. Paula Havixbeck and Mayor Sam Katz once again butted heads, this time at Wednesday's executive policy committee meeting. BERNICE PONTANILLA/METRO

## Spence to end hunger strike

After six weeks without solid food, Attawapiskat chief agrees to end her protest PAGE 5

## Halfpipe half-baked

Olympian Rebagliati to open medical marijuana franchise called Ross' Gold PAGE 7

## Trousers pose shoe dilemma

Whether cropped, tailored or pegged, we show you the best shoe for the pant PAGE 13

## Put sizzle in your oatmeal

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Dutch elm disease

## *Elm tree advocates secure city funding, target Man.*

Supporters of Winnipeg's elm trees said they plan to ramp up pressure on the Province of Manitoba to contribute to a multimillion-dollar strategy to fight Dutch elm disease, now that a City of Winnipeg committee voted not to make its contribution conditional on matching funds from the province.

Bonnie Dickie of Trees Action Group (TAG) said her members want to meet with provincial officials, including ministers, to lobby them to participate in the $3.8 million strategy, of which the city will contribute $1.9 million.

Last fall, the city announced the Dutch elm disease strategy but said its contribution depended on matching funds from the provincial government, prompting criticism from TAG and several councillors.

At the Jan. 11 infrastructure renewal and public works meeting, Coun. Dan Vandal (St. Boniface) moved a budget amendment to delink the city's funding from the province.

This amendment made it to Wednesday's executive policy committee, where it was supported.

"We are very delighted that the committee has followed up on our recommendation," said Dickie following the meeting.

"We've been waiting to get some confirmation that we can have meetings with the ministers involved and the caucus to explain to them the emergency that we're facing in this city right now, so it's still not a done deal ... we really need the province's involvement in this."

BERNICE PONTANILLA/METRO

## Southern Manitoba. Blaze erupts at greenhouse

A massive greenhouse fire in southern Manitoba that sparked a precautionary evacuation of several nearby homes has been brought under control.

The early morning blaze broke out at Schreimer's Home and Garden Showplace near Otterburne, about 60 kilometres south of Winnipeg.

Patrick Laroche, chief of the neighbouring St. Pierre Fire Department, says the fire started in a shed near a corner of the greenhouse and spread to the front of the structure where the storage area and main equipment are located.

Laroche says crews had to be cautious because of fertilizer and chemicals stored in the front of the building.

The RCMP set up a safety perimeter extending more than a kilometre out from the scene in the event noxious fumes spread from the fire.

The business is also a large commercial producer of cucumbers, but Laroche says the flames did not reach the vegetable-growing area.

CHSM/THE CANADIAN PRESS

## First in province. Child-advocacy centre opens

The province hopes to make the process of dealing with the child-protection and justice systems as easy as possible for young victims of abuse through a child-advocacy centre, which opened in downtown Winnipeg Wednesday. "Child abuse in all its forms is one of the most traumatic experiences that happens in too many peoples' lives," said Family Services and Labour Minister Jennifer Howard in a release.

"In the coming months, this centre will bring together under one roof a team of professionals to help those children, while at the same time increasing the likelihood that abusers will be brought to justice."

A first for the province, the new centre will be staffed by police, child-protection and victim-service providers, who will work with kids in a child-friendly setting. Howard said the advocacy model has improved evidence collection and increased conviction rates in other jurisdictions. The centre is expected to serve roughly 100 children every year. METRO

# Proposed cityplace casino draws criticism

### More gambling?

Centre would be owned by Jets owners, but run by Manitoba Lotteries

The new gambling centre will be located on the second floor of cityplace next to the MTS Centre. SHANE GIBSON/METRO

Manitobans were given more opportunities to gamble Wednesday with the launch of an online wagering site and the promise of a small casino in a downtown shopping centre.

The announcements led to accusations from Liberal Leader Jon Gerrard that more gambling, especially near downtown public-housing apartments, will create more crime and poverty.

"This may actually be an attempt to get money from people who are very poor and to cause more social problems rather than to address the very real social problems that are there," Gerrard said.

The online site is a Manitoba branch of Playnow.com, which is operated by British Columbia's lottery agency. The site offers virtual poker and roulette tables as well as the digital equivalent of video lottery terminals — screens of spinning fruit and hockey helmets.

The site is not aimed at encouraging more gambling, Manitoba Lotteries said, but rather at capturing a piece of the action already taking place on websites based elsewhere.

"There are about 2,000 unregulated sites that are available to Manitobans with no assurance of game integrity, responsible-gaming features (or) personal-information security," said lotteries spokesperson Susan Olynik.

The gambling centre — Olynik insists it is not a casino — will open in the spring and will feature 140 video lottery terminals as well as two poker and four blackjack tables.

The facility will be owned by True North Sports and Entertainment Ltd., the owners of the Winnipeg Jets, but will be run by Manitoba Lotteries.

Olynik said the facility will have all the checks and balances of the two existing casinos in Winnipeg because it will be run by the lotteries corporation. THE CANADIAN PRESS

**The deal**

- The deal seems to be a sweetened version of an arrangement that was struck in 2011 to help True North bring the Jets to Winnipeg.
- The gambling centre is expected to raise millions of dollars a year for True North and help them maintain an NHL team in a small market.
- The centre will be located on the second floor of cityplace, adjacent to the Jets' arena and steps away from a food court.

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# This little festival should be Big Fun

**Music and art showcase.** Annual event celebrates local talent with a few out-of-towners to boot

JARED STORY
winnipeg@metronews.ca

Deadly duo Phlegm Fatale will rock the A.N.A.F. Club 60 on Friday night as part of the Big Fun music festival. CONTRIBUTED

What do you call a multigenre, multivenue independent music festival that will occupy several downtown Winnipeg venues from Thursday through Saturday?

Big Fun, that's what.

In its second year, Big Fun was the brainchild of local musician Stefan Braun, who had volunteered at Pop Montreal and wanted to throw a similar party in Winnipeg. In the summer of 2011, he got in touch with his musician/artist friends Aaron Johnston, Eryn Maloney, Lauren Swan and David Schellenberg, and the (big) fun began.

"So many touring out-of-town bands play Vancouver and then the next stop is Minneapolis. Winnipeg is a cultural hub and needs to be treated that way," said Schellenberg, a member of the Winnipeg band Les Jupes.

"It's a great city with really good musicians and some great rooms to play in, and we wanted to showcase that to the people who live here and the people outside of Winnipeg."

Big Fun features some 30 acts, mostly local, including rockers The Angry Dragons, folksinger-songwriter Jenny Berkel, electronic artist Nathan Zahn and hip-hop vet Pip Skid, as well as out-of-town artists such as former Edmonton poet laureate Cadence Weapon and Saskatoon's Jeanette "Jeans Boots" Stewart.

The action is spread over 10 venues, but the spots are close enough for some show-to-show jumping. For instance, on Saturday, people can check out Warsaw and Salinas at the Windsor Hotel and still catch The Ripperz at Gio's Club and Bar.

A Big Fun all-access pass costs $40 and can be purchased at Into the Music, Music Trader and ticketworkshop.com.

For other information, go to bigfunfestival.com.

# Last laugh of Khan: CFLer draws stampede of hungry rotisserie hounds

Former Blue Bomber Obby Khan's restaurant Shawarma Khan is attracting lineups in the Exchange District. SHANE GIBSON/METRO

Shawarma has touched down in Swaggerville.

Former Blue Bomber offensive lineman Obby Khan's much-anticipated foray into the restaurant business kicked off on Monday with the opening of Shawarma Khan at the corner of McDermot Avenue and Albert Street.

"It's been awesome," the nearly 300-pound, six-foot-tall footballer said on Wednesday, noting the restaurant has fed more than 200 people a day and even had to close early on Tuesday, after hungry customers devoured his weight in slow-roasted chicken, beef and lamb. "We've been just slammed."

Khan, who retired from the Bombers last April, but signed to play again for the Calgary Stampeders in the summer, said shawarma restaurants are "everywhere" in his hometown of Ottawa and he hopes to make the Middle East fare just as popular here.

"Shawarma is a meat cooked on a vertical rotisserie that's cut to order in front of you," he said. "What's not to love?"

Khan has one year left on his contract with the Stamps, and although he wouldn't say if he will sign on to play longer, he did say he plans to open as many as three more Shawarma Khan restaurants in Winnipeg this year.

SHANE GIBSON/METRO

# Chief Theresa Spence to end 44-day hunger strike

**Forcing the discussion.** Protest ends after NDP, Liberals and First Nations chiefs agree to declaration of demands

Attawapiskat Chief Theresa Spence has agreed to end her hunger protest, and National Chief Shawn Atleo is coming back to work, but Ottawa First Nations politics are certainly not returning to normal.

Spence agreed Wednesday to call a halt to her 44-day fast, during which she stayed in a teepee on a frigid island upstream from Parliament Hill — and managed to push First Nations issues to the top of the national political agenda.

The protest commanded the attention of Prime Minister Stephen Harper, his ministers and his top officials, and galvanized public opinion in Canada and around the world, revealing a stark division between people who want to see more help for First Nations and those who believe they already get too much.

The protest also exacerbated a schism within the Assembly of First Nations, with many chiefs questioning Atleo's leadership, and touched off a round of public soul-searching about what it takes to bring success to aboriginal people in Canada.

"Our shared goal is simple and clear: To guarantee that our children can achieve the brighter future that they deserve. This is what every chief across this country, every member of the Assembly of First Nations, will continue to fight to achieve," Atleo said in a statement on Wednesday.

Spence has been subsisting on only fish broth and medicinal tea since Dec. 11 to push for a meeting between First Nations leaders, the Prime Minister and the Governor General.

The breakthrough comes after a coalition of Liberal and NDP politicians and First Nations chiefs agreed to a declaration spelling out 13 specific demands for continuing negotiations between First Nations and the federal government.

The declaration calls for improvements to housing and schools on reserves, as well as an immediate meeting between the Governor General, the federal and provincial governments and all First Nations leaders. THE CANADIAN PRESS

**Declaration**

**"Far too long we have been denied an equitable stature within the Canadian society."**

A line from the draft declaration agreed upon by First Nations leaders

Chief Theresa Spence is ending her hunger strike, which was initially supposed to help set up a meeting with the Prime Minister, the Governor General and First Nations leaders. FRED CHARTRAND/THE CANADIAN PRESS

# Antarctica. Rescuers looking for 3 Canadians on missing plane

Rescuers looking for three Canadians aboard an airplane presumed to have gone down in Antarctica were grappling with bad weather conditions on Wednesday, as low visibility and strong winds hampered search efforts.

No information was available on the fate of the three men aboard the ski-equipped Twin Otter, which is owned by Calgary-based Kenn Borek Air.

A spokesman for the U.S. National Science Foundation, which operates a research station helping in the search for the missing plane, said the trio aboard the aircraft are thought to be Kenn Borek crew members — a pilot, co-pilot and flight engineer.

"My understanding is that it was just the flight crew and no passengers," said Peter West, who is based in Arlington, Va., and had been in touch with crews in Antarctica.

The plane was flying from the South Pole to an Italian base in Antarctica's Terra Nova Bay.

Few details were available on the condition of the missing aircraft, which began transmitting signals from its emergency locator beacon late on Tuesday night.

Some Canadians discussing the incident on Twitter identified pilot Bob Heath as one of the three. THE CANADIAN PRESS

**Right to fight**

## U.S. drops ban on women serving in combat

Pentagon chief Leon Panetta is removing the U.S. military's ban on women serving in combat, opening hundreds of thousands of front-line positions and potentially elite commando jobs after more than a decade at war, senior U.S. defence officials say.

The groundbreaking move recommended by the Joint Chiefs of Staff overturns a 1994 rule prohibiting women from being assigned to smaller ground combat units. THE ASSOCIATED PRESS

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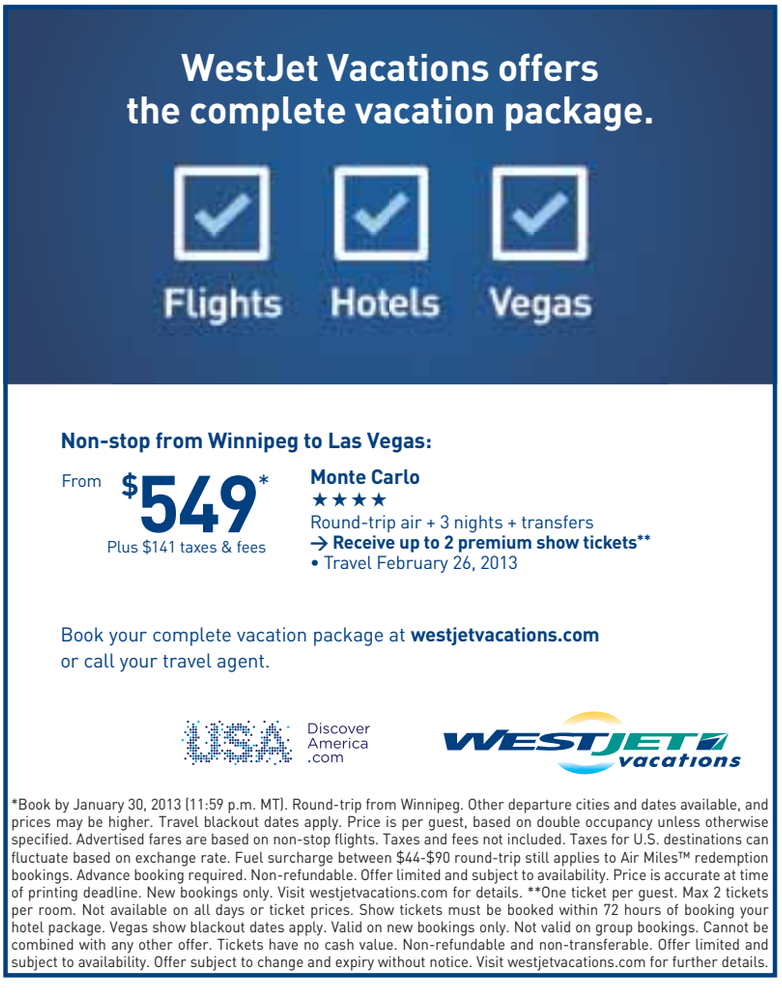
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# Sorry — Brits just not that into EU

**And they may want out.** PM David Cameron says citizens will vote on whether U.K. should stay in the union

British Prime Minister David Cameron pledged Wednesday to offer citizens a vote on whether to leave the European Union if his party wins the next election, prompting rebukes from European leaders accusing the premier of putting the bloc's future at risk over domestic politics.

Claiming that public disillusionment with the 27-nation EU is "at an all-time high," Cameron used a long-awaited speech in central London to say that the terms of Britain's membership in the bloc should be revised.

Cameron proposed that his Conservative Party renegotiate the U.K.'s relationship with the EU if it wins the next general election, expected in 2015.

"Once that new settlement has been negotiated, we will give the British people a referendum with a very simple in-or-out choice to stay in the EU on these new terms. Or come out altogether," Cameron said.

The speech was seen by many as a gamble to shore up support from Cameron's increasingly anti-EU party.

The fiercely independent island nation has never been an enthusiastic member of the bloc. But the drumbeat has grown over fears that new EU regulations to address the debt crisis will further restrict the country's control over its own economic policies.

Many EU member states, which had in the run-up to the speech stressed the importance of Britain's presence in the bloc, took a sharper tone after Cameron spoke.

"This was an inward-looking speech that does not reflect European reality and will not impress many of the U.K.'s European partners," said Martin Schulz, the president of the European Parliament.

French Foreign Minister Laurent Fabius likened the EU to joining a soccer club — "you can't say you want to play rugby," he told France-Info radio. THE ASSOCIATED PRESS

**Blasé about the bloc**

**"I say to our European partners, frustrated as some of them no doubt are by Britain's attitude: Work with us on this."**

**British Prime Minister David Cameron,** stressing that his first priority is renegotiating the EU treaty — not leaving the bloc.


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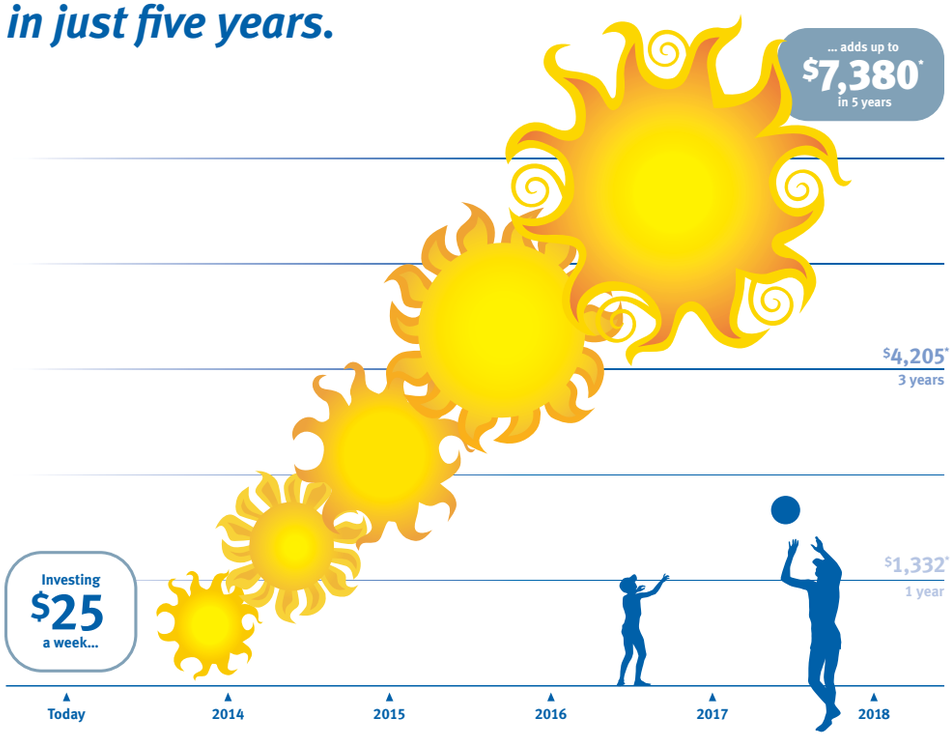


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Pussy Riot's Maria Alekhina is seen in uniform at a prison in the Ural Mountains where she is serving her two-year sentence. NOVAYA GAZETA/THE ASSOCIATED PRESS

## Sewing jackets in jail. Pussy Riot members tell of daily prison life

The imprisoned members of the Pussy Riot feminist punk band say they feel no regrets about the irreverent "punk prayer" against President Vladimir Putin in Moscow's main cathedral that landed them behind bars for two years.

Nadezhda Tolokonnikova and Maria Alekhina offered a vivid but stoic description of their harsh prison conditions in interviews published Wednesday in the independent Novaya Gazeta newspaper. They said they don't expect clemency from authorities.

Tolokonnikova, who like most female prisoners in Russia's prison colonies works at a sewing machine, was quoted by the paper as saying she has had her fingers punctured by the needle but has picked up speed and experience and can now meet her quota of making lining for 320 jackets a day. Like other prisoners, she bathes once a week and uses cold water to wash the rest of the week.

"I am not paying much attention to living conditions," she said in an interview filmed last month. "I'm ascetic, and living conditions matter little for me."

Tolokonnikova said she meditates to prevent her spirit from being dulled by the monotonous labour. She added that the main thing she misses is the ability to read freely.

Three members of Pussy Riot were found guilty of hooliganism motivated by religious hatred in August. THE ASSOCIATED PRESS

**Women's rights**

### Moroccans may no longer have to marry their rapists

Nearly a year after Morocco was shocked by the suicide of a 16-year-old girl who was forced to marry her alleged rapist, the government has announced plans to outlaw the traditional practice.

Women's-rights activists on Tuesday welcomed Justice Minister Mustapha Ramid's announcement, but said it was only a first step in reforms that aim to stop violence against women. The penal code allows those convicted of "corruption" or "kidnapping" of a minor to go free if they marry their victim. Judges encouraged the practice to spare family shame. THE ASSOCIATED PRESS

## Corporate wireless market.
# RIM opens secure enterprise system to other smartphones

Smartphone owners who want to use their personal phones at work can now pick whether it's a BlackBerry, iPhone or Android device.

Research In Motion made the latest update to its secure enterprise service available for download to IT professionals on Wednesday, which it said gives IT departments the flexibility to accommodate a growing trend of bring-your-own-device in workplaces.

"It's a single platform, from an IT perspective, that can manage the full suite of mobility devices they may need to support inside of their organization," said Jeff Holleran, senior director of enterprise product management of RIM in a recent interview.

The move comes as competition heats up for the highly lucrative corporate smartphone market, which has largely been a stronghold for RIM for years, but other players in the industry are making their own plans. THE CANADIAN PRESS

**Defensive move?**

- Opening up its enterprise service also protects RIM from the possibility that its new devices could be considered a sales flop.
- With a system that invites both the Apple and Android operating systems into the fray, it could continue to operate no matter the outcome of the new product launch.

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# Critics fight soft drink size limit on racial grounds

## New York City. New rule to curb sugary beverages could harm minority businesses, opponents argue

Various sizes of soft drink cups stand next to stacks of sugar cubes during a May 2012 news conference at city hall in New York. Critics of the city's regulation limiting the size of soft drinks are using arguments including racial fairness to try and stop the rule from taking effect. THE ASSOCIATED PRESS FILE

Opponents of New York City's limit on the size of sugary drinks are raising questions of racial fairness alongside other complaints as the novel restriction faces a court test.

The NAACP's New York state branch and the Hispanic Federation have joined beverage makers and sellers in their effort to stop the rule from taking effect March 12. Critics are attacking what they call an inconsistent and undemocratic regulation, while city officials and health experts defend it as a pioneering and proper move to fight obesity.

The issue is complex for the minority advocates, especially given that obesity rates are higher than average among blacks and Hispanics, according to the federal Centers for Disease Control. The groups say in court papers they're concerned about the discrepancy, but the soft drink rule will unduly harm minority businesses and "freedom of choice in low-income communities."

The latest in a line of healthy-eating initiatives during Mayor Michael Bloomberg's administration, the beverage rule bars restaurants and many other eateries from selling high-sugar drinks in cups or containers bigger than 16 ounces. Violations could bring $200 US fines. The city doesn't plan to start imposing those until June.

The NAACP and the Hispanic Federation, a network of 100 northeastern groups, say minority-owned delis and corner stores will end up at a disadvantage compared to grocery chains. That's because supermarkets and many convenience stores — including 7-Eleven, home of the Big Gulp — aren't subject to city health regulations. THE ASSOCIATED PRESS

# Rebagliati to launch medical marijuana franchise

Snowboarder Ross Rebagliati, who tested positive for marijuana at the 1998 Olympics but got to keep his gold medal, is starting a medical marijuana business called Ross' Gold. FACEBOOK

Marijuana almost cost him an Olympic gold medal, but snowboarder Ross Rebagliati is hopeful the substance could soon earn him millions.

Rebagliati plans to open a medical marijuana franchise under the name Ross' Gold with storefronts in Whistler, Vancouver and Toronto, he announced online Tuesday.

"It's no secret that my name has been synonymous with marijuana since I was at the Olympics 15 years ago," Rebagliati, who won gold in the 1998 Olympics despite testing positive for marijuana, said in a phone interview from Whistler.

His business ambitions come on the heels of Health Canada's proposal to privatize the medical marijuana business and only allow authorized producers to grow the plant.

And he figures his high-end stores with coffee shops in the front and dispensaries in the back will earn $1 million in the first year alone, according to a report posted on his website.

"We want to create a model that's going to set the standard for the industry," he said. "We want to be chasing the wine industry and their model, as far as wineries and pairings."

With attitudes towards pot becoming more liberal south of the border, Rebagliati said now is the time to prepare to take advantage of the opportunity.

**Quoted**

**"We want to create a model that's going to set the standard for the industry."** Ross Rebagliati

Ross' Gold will apply for a production license — though they've already signed with a licensed producer — and sell legal retail items at its stores in the interim. The team already scouted locations for the flagship Whistler shop slated to open as early as this spring.

While the business model sounds like it will appeal to a more recreational user, Rebagliati said it will follow all federal regulations and only sell to those with medical marijuana prescriptions. The classy features are meant to make dispensaries more welcoming than they are currently.

If the government ever legalizes recreational use — which Rebagliati doesn't expect any time soon — his business will be ready.

EMILY JACKSON/METRO IN VANCOUVER

**Economic growth**

## Global slowdown is impacting Canada, PM says

Prime Minister Stephen Harper is lowering expectations when it comes to Canada's economy, saying a global financial slowdown is affecting the country's growth.

The prime minister spoke after the Bank of Canada downgraded its economic growth outlook for the country to 1.9 per cent for the year just ended and two per cent for this year.

The central bank also said it will likely have to keep interest rates at super-low levels for longer than expected in the face of the surprisingly weak economy.

Harper says his government downgraded its own growth forecast in the fall due to changes outside its borders. "There has been a general slowing of the global economy over the past half-year, so it is obviously a concern to us. And ... it's going obviously to have some fiscal impact on us, will have some impact on the pace of job creation."

But Harper says despite the setback, Canada continues to create jobs and is faring relatively well compared to other countries. THE CANADIAN PRESS

**Holiday sales**

## Apple's winning streak appears to have hit bump

Apple's blockbuster revenue growth is slowing drastically, as iPhone sales plateau and the company finds itself lacking revolutionary new products.

The company's warning was issued Wednesday as part of its financial results for the holiday quarter. Analysts said it suggested Apple can no longer sustain its growth without some completely new products. THE ASSOCIATED PRESS

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# WEATHER YOU FEEL LIKE IT OR NOT

HE SAYS...
John Mazerolle
metronews.ca

If you're a typical Canadian — a Roots-wearing, sorry-saying, proud-to-be-humble Tim Hortons tenant — then you've probably noted during the recent sub-zero temperatures that weather is relative.

Oh sure, we Canadians get cold, vibrating in bus stops at frequencies that would be of interest to scientists who work at the Large Hadron Collider, but we won't stand for anybody else saying that they're cold.

Observe.

"It's been -10 C for several days in Toronto and it's triggered an extreme cold alert that …"

By the time I get to that part in the sentence, there has been a great disturbance in the Canuck Force, with millions of voices scoffing out at once, then sputtering into silence. Also, hundreds of Internet commentators are pounding out dismissive missives about how cold their mom's basement gets.

Similarly, if a Montrealer were to complain about 40 centimetres of snow, you can bet that a Newfoundlander will say they consider that a pleasant shake of the snow globe, suitable for family photos.

I call these scornful reactions 'The Cold Snap.'

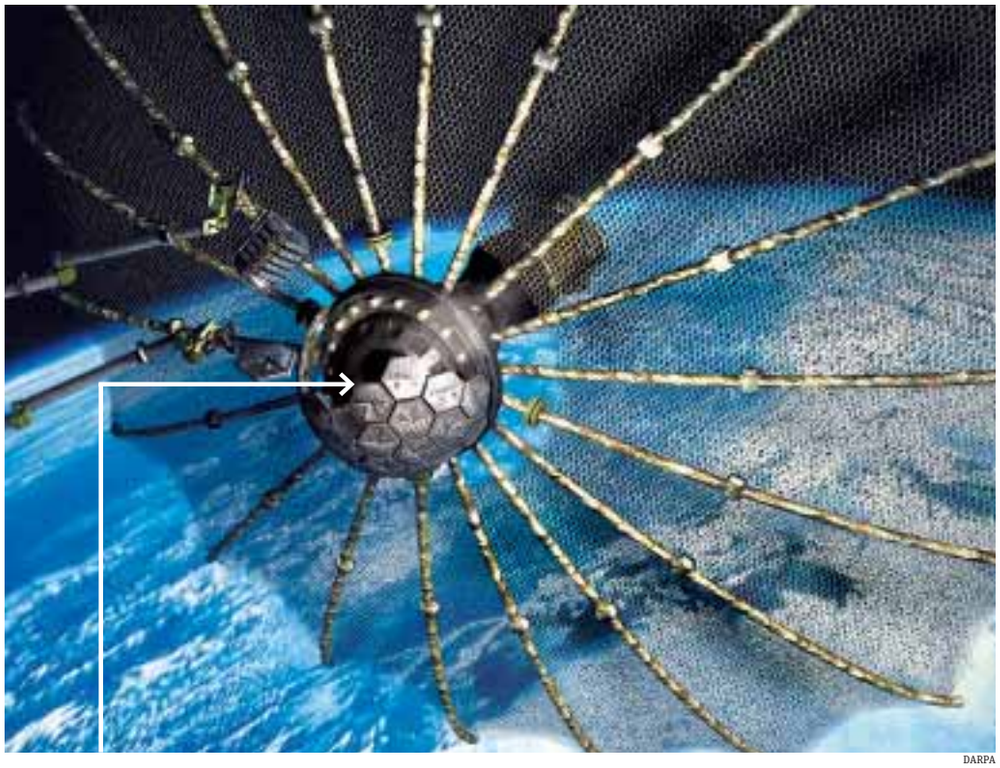
It's a natural response, but as a columnist known for my desire to bring people together, I don't think it's necessary. After all, weather isn't really relative. Did you know that most weather terms actually have very specific meanings?

It's true. Meteorologists have scientific definitions attached to things like "blizzard" and "wind chill," so there's no need to bicker about who's wintrier-than-thou. Use this glossary to heat up (ha!) any arguments over the course of this long, dark winter.

**Weather glossary:**

- **Arctic air mass.** Catholic service in will-they-or-won't-they wedding on season cliffhanger of popular CBC program.
- **Blizzard.** Delicious ice cream confection from Dairy Queen. Spilling one enough to put army on alert in Toronto.
- **Cold November rain.** Weather pattern caused when your fears subside, and shadows still remain. Typified by epic guitar.
- **Deep freeze.** Where Canada — "seemed nice, quiet, kept to itself" — likes to hide the bodies.
- **El Nino.** First sailing ship to bring global warming to the New World.
- **Flurry.** Group of deals that happens at NHL trade deadline.
- **Freezing rain.** Rain that freezes. I mean, c'mon.
- **Frostbite.** Right of passage for all teenagers who would rather have their ears turn bright red and swell to twice their normal size than be caught wearing a hat, which might look stupid.
- **Heavy snowfall.** Snowfall that makes you think.
- **Hypothermia.** The most awesome and romantic way to die, as seen in Titanic.
- **Ice fog.** Hangover caused by Molson Ice. Reduces visibility.
- **Lake effect snow.** A complex meteorological phenomena as explained by a caveman.
- **Large southern air mass.** Meteorological event that occurs with proper combination of Taco Bell and diet Pepsi. May lead to evacuations.
- **Precipitation.** Anything that falls from the sky, including rain, sleet, snow, manna and Canadian military equipment.
- **Snow.** David Phillips, Environment Canada's senior climatologist, can set you up if you need some. He knows a guy.
- **Snowpack.** Canadian rapper tragically killed at 32 (Fahrenheit).
- **Wind chill index.** Chart showing how relaxed the breeze will make you feel that day, from 'patio chime tingler' to 'bracing wind off the lake.' Sometimes shortened to 'chillex.'
- **Winter storm.** Canadian adult film actress and star of Bare Ice, Blowing Snow Warning and Waterspout Watch 7.

# Space's future 'vacuum' cleaner



DARPA

**Space satellite salvage**

## U.S. unveils plan to clean outer space

In the crudest way to describe them, they are "space grave robbers," but the U.S. Defense Department agency DARPA will provide a valuable salvage service.

The Defence Advanced Research Projects Agency has unveiled illustrated plans of a satellite program that will scavenge defunct satellites and recycle them to build new ones.

METRO WORLD NEWS

**DARPA's viewpoint**

## "We're attempting to essentially increase the return on investment and try to find a way to really change the economics so that we can lower the cost (of military space missions)."

David Barnhart
DARPA program manager

The Defence Advanced Research Projects Agency is spending $180 million US on testing their technologies.

**In the future**

## Agency identifies satellites to retire

In 2016, DARPA will launch a demonstration mission that seeks to resurrect an old antenna from a yet-to-be-determined decommissioned satellite.

DARPA has identified about 140 retired satellites that it can choose from for its first test. DARPA staff said one way to keep costs down is for the mini-satellites to hitch a ride aboard available space on commercial rockets.

METRO WORLD NEWS

**DARPA's past ideas**

- **Upward Falling Payloads.** Robotic drones would rise from ocean depths to perform missions.
- **100 Year Starship project.** The project started in 2011 to transport humans beyond the solar system within a century.
- **Project Orion.** The concept of interplanetary spacecraft periodically dropping nuclear bombs out of its rear.

Metropolitan Panel

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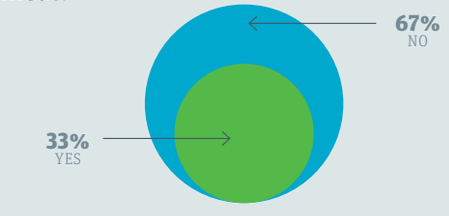
## Would you eat a burger containing horse meat?




**Twitter**

**@SamiJo777:** Raspberry pancakes! Good way to start a great day! #Winnipeg

**@dmrider:** On the other hand, living in Mb for 4 years makes cold more bearable. All the weather drama here, but in Winnipeg this is … a Wednesday

**@ICdave:** Only in Winnipeg do we describe -8 as climate getting milder. Love this city.

**@bevy86:** That crisp wpg air hits like an anvil. Beautiful winter morning. Its nice to be home. #winnipeg

**@medic4425:** Pretty optimistic my car won't start. I'll stay in bed #Winnipeg

**@YWGSourpuss:** I can see the Golf Dome from my office window. #winnipeg #channellingsarahpalin It taunts me with it's marshmallow-y whiteness.

metro

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# Classical music fest features 'grittier, after hours' portion

**The New Music Festival.** With contemporary classical going for a minimal sound, lines between pop and not start to blur

BACKSTAGE PASS
Jared Story
winnipeg@metronews.ca

The New Music Festival — the Winnipeg Symphony Orchestra's annual celebration of contemporary classical music — features a pop component this year.

A two-night event, night one of Pop Nuit features performances by Arcade Fire violinist Sarah Neufeld and Winnipeg musician and instrument builder Jesse Krause. Night two sees 'Peg City rockers Royal Canoe performing Beck's Song Reader — an album released only on sheet music — as well as Tasman Richardson, a Montreal DJ who uses only audio from film clips.

"It's a grittier, after hours, subsect of the New Music Festival that features music that's new, avant-garde and pushing the boundaries of composition, but from a pop perspective," Matt Schellenberg says, Pop Nuit organizer and member of Royal Canoe.

While the idea for Pop Nuit is Schellenberg's, it's a direction the WSO was looking to go in with the 22nd annual festival.

"Last year's New Music Festival had an Icelandic angle with Kjartan Sveinsson of Sigur Rós doing a choral piece," Alexander Mickelthwate says, WSO artistic director.

"It was the first time we veered into the cross-over, alternative pop genre, something I felt we were really missing."

Mickelthwate sees Pop Nuit as a natural extension of NMF's regular programming, giving the example of American composer Steve Reich.

"Steve Reich is the co-godfather — along with Philip Glass — of minimal music, this downtown New York City scene in the '60s," Mickelthwate says.

"With Steve Reich, it was the first time classical contemporary music went away from the academic, away from the European tradition and towards minimalism, just repeated patterns, which I feel relates to pop music."

Schellenberg agrees, saying NMF artists like Steve Reich and Scottish percussion virtuoso Dame Evelyn Glennie aren't that far apart from contemporary music acts like Arcade Fire and Beck.

"That's the trend of the times," Schellenberg says. "With the Internet and the accessibility of music and art, everyone is on a level playing field right now. Now, these artists genre is irrelevant. Quality becomes their commonality."

NMF runs Monday to Saturday next week with the Pop Nuit portion going down Wednesday, 9 p.m. at the West End Cultural Centre and Saturday, 11 p.m. at the Pantages Playhouse Theatre.

For a full NMF schedule, including artist, show times, venue and ticket information, go to newmusicfestival.ca.

Arcade Fire violinist Sarah Neufeld will perform solo as part of Pop Nuit, a sub-sect of the Winnipeg Symphony Orchestra's New Music Festival. SUPPLIED

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# Candid Wayans weighs in on the parody genre

**A Haunted House.** Scary Movie co-writer talks about his new movie while thrashing some of his old movie's 'horrible' spin offs

HEIDI PATALANO
Metro World News in New York

Marlon Wayans knows parody. He knows what it should be and what it shouldn't be. As one of the creative forces behind the sketch show In Living Color and the first two Scary Movie films, he's become one of the foremost experts on the topic along with his six famous siblings.

"I'm not saying that we're geniuses. I'm saying that if you like what we do, there's a reason," says Wayans. "It's not an accident. It's what we do. When people try to mimic it, it usually comes out pretty damn horrible."

The writer, producer and actor is quick disassociate himself with some spin-offs that followed the Scary Movie films he worked on.

"Scary Movie was a great franchise for us," he says. "We created it and we raised it. We were very proud when we did two. We sent it off to college on three and it turned into a crackhead. Now it's turning tricks in the street and I'm just going, 'That's not my child.'"

What's the problem with Scary Movie 3 and onward? Epic Movie, Date Movie and Disaster Movie too?

"A good parody should stand on it's own as a movie and not always be pop culture references or movie references," Wayans says. "That's not what a parody is — some of the things are similar but it's a story that you can follow with a character that you like."

**Quoted**

**"We sent it (Scary Movie franchise) off to college on three and it turned into a crackhead."**

**Marlon Wayans, actor, producer, director.** On how he felt Scary Movies 3 and onward let the franchise down

Putting aside the franchises that have gone wrong, Wayans can keep doing what he loves doing. He has turned his attention to a new horror-comedy. A Haunted House is a found-footage movie about an African-American couple living in a house possessed by a demon.

"I was watching Paranormal Activity which is one of the biggest franchises in the found footage genre. I was just sitting there going, 'why do white people do such dumb stuff in these movies? Why don't they just leave the house?'" Wayans asks. "What if 'Paranormal Activity' happened to a black couple?'"

And so the haunting begins and not without a few blue scenes involving a few stuffed animals and even a ghost or two.

"Me and the teddy bears had a blast," Wayans says. "You should interview them. They'll tell you. The two of them fell in love."

Marlon Wayans ushers in some Ghostbuster wannabes in A Haunted House. HANDOUT

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# Chiklis shows soft side and clowns around in new role

**Q&A.** Shield star on his funny attire in thriller Parker, his hard-man image and how he helped shape the future of gritty TV

NED EHRBAR
scene@metro.ca

Michael Chiklis stars alongside Jason Statham in Parker from director Taylor Hackford. HANDOUT

Before Michael Chiklis could get down to the business of double-crossing Jason Statham in director Taylor Hackford's Parker, he first had to tackle one of the more peculiar challenges of his career: donning clown makeup and a fat suit for the film's opening heist.

At least he kept a sense of humour about the whole thing.

**How much say did you have in the clown disguise you wear?**
None. Well... I didn't really say anything. I think Taylor and I were of a mind that we wanted it to be a classic clown look that could turn quite menacing on a dime. I was keenly aware that the first time you'd see me in the movie would be as a clown in a big fat suit.

**Was that a clown police-woman? It looked like they gave you boobs!**
It was just a fat suit. So yeah, it was a clown cop. You know, a little bit of irony with the clown cop.

**Given all the tough guy roles you've become known for, are people generally nervous when they meet you in person?**
(Laughs) A lot of people, yeah. Some people I just want to hug them. Because I've had grown people shake, you know?
And you're just like, "No, no..." I guess the impact of certain things, particularly The Shield, I think that really rattled a lot of people. It's a hard-hitting show. I even stopped watching it at night too late because it kept me up.

**Still, that has got to be a great compliment to you as an actor.**
Yeah, sure. Absolutely. Clearly the work had an effect, but at the same time I'm not the characters that I portray.

**And you've played nicer guys before.**
That's the way I started. The whole first part of my career was playing the sort of lovely, affable guys, and I couldn't get a job playing someone like a Vic Mackey. I couldn't get seen for something like that. I was very fortunate that it was at FX and it was an unknown writer. A lot of sort of ironic twists in the road. But I wouldn't have it any other way.

**You guys were out in front of the trend as far as what viewers can expect from a cable series.**
We were the first in basic cable, for sure. Basic cable was the purview of reruns at the time. But when we did The Shield, that first year was an explosion. It really was a tectonic shift in the television industry. A lot of people have followed suit and now it's really bred this rash of excellent television, frankly. It was great to be a part of that, to be sort of a figurehead, if you will, of a shift in the industry. But you know, there's cause and effect in everything, actually, where you see more and more movie stars moving into television because the smarter, hard-hitting, great drama roles are now being found in basic cable and cable.

**You get so much more time to...**
To really delve into a character and create somebody, yeah. But you know, we're all lovers of film. We're all lovers of cinema and we all grew up with it. We all want to make movies. There's been this sort of change in that, too. Like, I don't know if Taxi Driver would get made today. I kind of doubt it.

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Max George. ALL PHOTOS GETTY IMAGES

## Max George quick to deny Lohan rumours

The Wanted's Max George is going out of his way to make it clear that he is not dating Lindsay Lohan, despite the actress' attempts to keep people guessing about any possible relationship.

When a fan tweeted to George, "If you date with Lindsay, I will die," the British singer responded, "I'm not, so you're fine," adding that reports of his canoodling with the troubled starlet are "rumors, that's all."

Kelly Osbourne

## Kelly Osbourne engaged to Matthew Mosshart?

Kelly Osbourne is reportedly engaged to Matthew Mosshart after a very hush-hush proposal a few weeks before Christmas, according to Us Weekly.

"Kelly is the happiest she's ever been," a source says.

"Her career is going well, and she's in a healthy relationship with a wonderful guy."

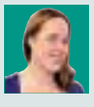
Osbourne met Mosshart at Kate Moss' wedding in July 2011, and the pair have been dating for at least a year.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**The Word**

## *Having an affair? Have a child to make up for it*



THE WORD
Dorothy Robinson
scene@metronews.ca

A good way for the world to forget that whole pesky drama of Coco canoodling with Oakland rapper AP.9 in December? To get knocked up with Ice-T's baby. "I want a little girl!" Coco Austin tells In Touch in this week's issue. "We already have the name — Chanel. I want her to be a lawyer!"

Chanel T will have to wait a bit in the creation department as Coco is filling in for Holly Madison as the star of the burlesque Peepshow at Las Vegas' Planet Hollywood Resort & Casino.

"I want a little doll of my own! I could teach her to walk in heels and do her hair."

I, for one, cannot wait.

Arnold Schwarzenegger

## Schwarzenegger trying to get Shriver back

As Arnold Schwarzenegger attempts to mount a comeback for his movie career, he's apparently also looking to get his marriage to Maria Shriver back on track.

Shriver filed for divorce in 2011 after it came to light that Schwarzenegger had fathered a child with the family's housekeeper, but Shriver has made no further action to move the divorce forward since the events occurred.

"We're not fighting a war. I still hope for reconciliation," he tells Germany's Bild newspaper. "I still love Maria."

**Twitter**

**@NiallOfficial**
I was not in a crash and that is not my car,

**@Rosie**
i think manti te'o must be gay

**@EdwardNorton**
I cut myself on the ribs when I dropped Wes Anderson's new script because I was laughing so hard. Grand Budapest starts this week WesA=fun

**@Joan_Rivers**
Big news! I'm eating for two. Unfortunately they are my left thigh and my right thigh.

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SHOPPERS DRUG MART

# Hot from hips to heels

She's got the look! Sexy pants and shoes on point. PHOTO BY MICHELLE BOBB-PARRIS

Flared, cropped, slouchy — anything goes when it comes to trousers right now. But the trend comes with its fair share of shoe problems. That's where we come in.

KENYA HUNT
life@metronews.ca

## Cropped skinnies

Acne skinny leather trousers, $1,250, acnestudios.com

+

## A classic bootie

Whistles suede ankle boot, $238, whistles.co.uk

**Styling tip: If the ankle boots are too tall, your legs will look like stubs. You want to show a sliver of sock or skin above the boot.**

## Tailored wide legs

Stella McCartney wide leg trouser, $595, netaporter.com

+

## A bold court shoe

Zara pumps, $90, zara.com

**Styling tip: Choose a bright shoe for a flash of colour as you walk.**

## Slouchy peg legs

ASOS jersey pants, $27, asos.com

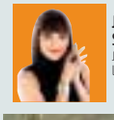
+

## A graphic flat

J.Crew printed loafer, $168, jcrew.com

**Styling tip: Loafers, yes. Ballet slippers, no. Why? Because this isn't 2004.**

**Twitter**



JEANNE SPACE
Jeanne Beker
life@metronews.ca

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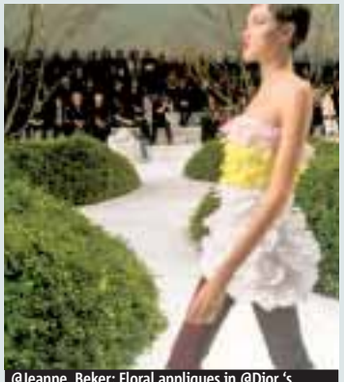
@Jeanne_Beker: Floral appliques in @Dior 's modern romantic garden...

@Jeanne_Beker: Ulyana Sergeenko's precious couture accessories: hand-painted evening boxes+petit point glass frames

**The Kit**

## Canadian street style

**Spotted in: Toronto**

### Heather, student

### Age: 23

**What she's wearing**
H&M hat, Hide House leather jacket, Native(X) scarf, Insight tank, Hoi Bo purse, Guns N Glamour leggings, Doc Marten boots.

**Her inspiration**
"A smorgasbord of Internet websites, my best friends and my boyfriend."

**THE KIT PHOTOBLOGGER: KAYLA ROCCA WWW.KAYLAROCCAPHOTOGRAPHY.COM**

**THE KIT IS A MULTI-PLATFORM BEAUTY AND FASHION BRAND WHICH INCLUDES AN INTERACTIVE MAGAZINE AND DYNAMIC APP, A WEBSITE, KIT CHAT — AN E-NEWSLETTER PROGRAM, AND A WEEKLY NEWSPAPER SECTION TOO!**

# From a small Ontario restaurant to your kitchen table: Annie's Gnocchi

Annie Buttus of That Little Place by the Lights in Huntsville, Ont., turns out amazing homemade gnocchi and lasagna from an electric stove in the basement of the small restaurant she owns with her husband Loris.

**Ingredients**

**Meat Sauce**
- 30 ml (2 tbsp) vegetable oil
- 15 ml (1 tbsp) butter
- 1 onion, chopped
- 500 g (1 lb) ground beef
- 5 ml (1 tsp) each crumbled dried rosemary, dried oregano, dried parsley, dried basil, dried thyme and chili flakes
- 1 l (4 cups) canned plum tomatoes
- 1 l (4 cups) tomato purée
- 1 can (369 ml/13 oz) tomato paste
- Salt and pepper, to taste

**Gnocchi**
- 4 medium baking potatoes (unpeeled)
- 2 large eggs, lightly beaten
- 1 ml (1/4 tsp) salt
- 500 ml (2 cups) all-purpose flour (approx)

That Little Pace by the Lights is just one of the places John Catucci visited for You Gotta Eat Here!

"That was one of my favourite places that I shot at," Catucci says. "I had gone to the cottage in Huntsville a few times and we stopped in that little restaurant. It's tiny. From the outside I wasn't expecting much. But when you got in, you could smell the tomato sauce cooking right away and you kind of knew that it was the real deal."

In the companion book to his show, Catucci offers the recipe for Annie's Gnocchi.

**1.** Sauce: In pot over medium heat, heat oil and butter. Add onion and cook, stirring, until golden brown. Add ground beef and cook until brown.

**2.** Stir in rosemary, oregano, parsley, basil, thyme and chili flakes, then add tomatoes, tomato puree and tomato paste. Fill each empty can halfway with water and add to sauce. Cook, uncovered and stirring occasionally, for 1 1/2 hours or until your preferred thickness. Season with salt and pepper.

This recipe makes eight to 10 servings. THE CANADIAN PRESS H/O

**3.** Gnocchi: Boil potatoes until easily pierced with a fork. Drain and let cool. When cool enough to handle, peel and mash.

**4.** Turn mashed potatoes out onto a lightly floured work surface. Make a well in the centre and fill with eggs and salt. Using a wooden spoon or your hands, start mixing in potato from the sides of the well. When all the potato is incorporated, knead dough, adding as much flour as needed to make a firm dough.

**5.** Divide dough into 4 equal pieces. Dust work surface lightly with flour. With your hands, roll each piece into a rope about 1 cm (1/2 inch) thick. Cut each rope into 1-cm (1/2-inch) long pieces and shape. Place on a baking sheet dusted with flour.

**6.** Bring a large pot of salted water to a boil. Use bench scraper to scoop up gnocchi and drop into boiling water. When gnocchi rise to the surface, they are ready. Using a slotted spoon, transfer to a bowl. Toss gnocchi with sauce and serve. THE CANADIAN PRESS/ YOU GOTTA EAT HERE! CANADA'S FAVOURITE HOMETOWN RESTAURANTS AND HIDDEN GEMS BY JOHN CATUCCI AND MICHAEL VLESSIDES (LONE EAGLE ENTERTAINMENT; PUBLISHED BY HARPERCOLLINS CANADA, 2012).

**Cookbook of the Week**

## Pair the show with its companion book

As the host of TV's You Gotta Eat Here!, John Catucci travels the country highlighting little-known restaurants. Now, he is releasing a cookbook of the same name, co-written with Michael Vlessides.

The book is essentially a companion to the show and includes stories, recipes and more from each restaurant.

Packed with full-colour photographs throughout, You Gotta Eat Here! also includes more than 125 easy-to-follow recipes so you can make outrageously good food at home. THE CANADIAN PRESS/ METRO

# Maple Fried Oatmeal turns breakfast into sizzling brunch

This recipe comes from Diner Deluxe in Calgary, a restaurant John Catucci of You Gotta Eat Here says is synonymous with brunch. The oatmeal is made traditionally, then spread on a pan and cut into squares. After it's fried, chef James Waters drizzles it with maple syrup, pours rich vanilla bean cream sauce over it and tops it with a dollop of lemon curd.

"It works. It works so well," says Catucci. "It's so delicious. They serve it in the skillet."

**Ingredients**

**Lemon Curd**
- 250 ml (1 cup) sugar
- 2 eggs
- 5 egg yolks
- Zest and juice of 5 lemons
- 250 g (1/2 lb) cold butter, cubed

**Vanilla Cream**
- 500 ml (2 cups) apple juice
- 125 ml (1/2 cup) maple syrup
- 50 ml (1/4 cup) lemon juice
- 45 ml (3 tbsp) vanilla extract
- 2 l (8 cups) whipping cream

**Oatmeal Squares**
- 1 l (4 cups) quick-cooking rolled oats
- 50 ml (1/4 cup) brown sugar
- 45 ml (3 tbsp) unsalted butter
- 30 ml (2 tbsp) salt
- 5 ml (1 tsp) cinnamon
- 2 ml (1/2 tsp) nutmeg
- 125 ml (1/2 cup) dried cranberries

**Assembly**
- 15 ml (1 tbsp) unsalted butter
- 125 ml (1/2 cup) maple syrup

**1.** Lemon Curd: In heatproof bowl, whisk sugar, eggs, egg yolks and lemon zest and juice until well combined. Whisk over simmering water until a ribbon of mix is visible for a few seconds after whisk is lifted.

**2.** Remove from heat and whisk in cold butter, a few pieces at a time, whisking until butter is melted and mix is smooth and cool. Cover surface with plastic wrap and refrigerate until needed.

**3.** Vanilla Cream: In saucepan, combine apple juice, maple syrup, lemon juice and vanilla. Simmer over medium 8 mins.

**4.** Stir in whipping cream and return to gentle simmer. Simmer until reduced by half, about 20 minutes. Let cool. Cover surface with plastic wrap and refrigerate until needed.

**5.** Oatmeal Squares: Lightly butter or line with parchment paper a 23-by-15-cm (9-by-6-inch) baking pan.

**6.** In saucepan, bring 1 l (4 cups) of water to a boil. Stir in oats, brown sugar, butter, salt, cinnamon and nutmeg. Bring mix back to boil, then reduce heat and simmer, stirring until oats are cooked, 8 mins. Stir in dried cranberries, then spread mix on baking pan. Let cool. Slice into 8 bars.

**7.** Assembly: In skillet over medium heat, melt butter. Fry oatmeal squares until lightly browned on bottom. Flip squares and cook until golden on second side. Transfer to plates and top each square with 15 ml (1 tbsp) maple syrup, 125 ml (1/2 cup) vanilla cream and 15 ml (1 tbsp) lemon curd. THE CANADIAN PRESS/ YOU GOTTA EAT HERE! CANADA'S FAVOURITE HOMETOWN RESTAURANTS AND HIDDEN GEMS BY JOHN CATUCCI AND MICHAEL VLESSIDES (LONE EAGLE ENTERTAINMENT; PUBLISHED BY HARPERCOLLINS CANADA, 2012).

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# Coupland authors new furniture line

## Stuck in your JPod?

Best-selling author creates line with writers and artists in mind

Furniture designer is the latest addition to author Douglas Coupland's growing list of accomplishments.

The best-selling author teamed up with SwitzerCultCreative, a brother-sister luxury design collection, to create a line of furniture that is being unveiled at Toronto's Interior Design Show this weekend.

**When I first heard about the furniture line, I was curious about what you would be designing — couches, tables, ottomans? But looking at the collection, it makes perfect sense. It's designed for creativity, for a writer, an artist. Why did you want to do this collection?**

I've been using an escritoire for years and it's the perfect thing for writing — its ergonomics — it's closeability … and the fact that it feels slightly going-back-in-timeish to use one. It's not a category anyone else on earth is doing right now.

**What was the inspiration behind the collection? I know you spent time in Japan; did that experience influence this collection?**

Aside from my own happiness with my own escritoire, my time in Japan was a big factor. In art school there, calligraphy is mandatory, and to do it properly, there's a little bit of ritual involved ... this desk does that perfectly, but it works for laptops as well as ink.

**There seems to be a combination of order, chaos and calm to the collection. You can close the desk, you can slip the seat underneath, and the bookcases can be closed. You can work at them, but at the same time, you can "walk away," take a break. Was this a consideration when you designed them?**

I designed the bookshelves 17 years ago and have lived with them all that time, and pretty much every person who's come into the house has asked me where I got them. It took a while for the penny to drop: these are really lovely functional bookcases that work in whatever combination you buy them in. Don't buy a desk if you don't need one, but the bookcases are pure gold. I sound like a catalogue, but it's true. They're crazy useful. And yes, you can close it all and walk away knowing everything's safe. My own desk, under its closed door, is an absolute pigsty — and had I not revealed that to you now, no one on earth would ever know what a desk slob I am.

**This seems like a collection for a writer, a scholar, a book lover...**

It is!

**What sort of things would you write about sitting at a desk like this?**

Well I'm going to write what I'm going to write regardless. But there's something intimate about these pieces that in turn fuels an intimacy in what's written. I don't think I could write much of what I do at home in a library carrel or a hotel room.

METRO

Author Douglas Coupland teamed up with SwitzerCultCreative to create a line of furniture, being unveiled at Toronto's Interior Design Show this weekend.

EMA PETER

## THE PIECES

### Osaka Bookshelves

Copeland named the stackable shelves after shelving he saw that survived the 1995 Osaka earthquake. "Ninety-nine per cent of books are either paperback, hardcover or 'oversize.' Anyone's book collection will fit snugly and easily into whatever configuration works for them."

### Ryoan-ji Lamps

The lamps are available in floor and desk models with a checker-pattern shade made of wire and soji-type material. Copeland was inspired by the temple at Ryoanji in Kyoto. "The sliding doors there have a checkered pattern that melted my brain when I saw them. They're perfect objects."

### The Bento Box Escritoire

"Four years ago, I broke my left leg quite badly and for four months I had to reconfigure my entire house. I saw an escritoire on Craigslist and thought: Hmmm ... that might just work for me now. And it really did. This piece here is a perfection of my experience with this kind of desk," says Coupland.

### The Writer's Seat

"I have memories of my calligraphy teacher in Sapporo hounding me about not slumping," Coupland says about the seat, available in five colours. "To look at the picture, it looks kind of awkward, but when you sit in it, your body goes ... oh, now I get it. It's very comfy regardless of your body shape or size."

The Douglas Coupland for SwitzerCultCreative collection is only available through SwitzerCultCreative — switzercultcreative.com

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# Modern or traditional, home design events can help you find your style

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

It may not feel like winter's going anywhere anytime soon, but spring is only a few months away. In fact, the first signs of the season have already started popping up in various Canadian cities — in the form of home and garden design shows.

Home decor enthusiasts are thrilled that all their local resources gather under one roof to make their upcoming decor, renovation and gardening projects a breeze to research.

One of the first home design shows of the year in Canada is Toronto's Interior Design Show, which runs until Sunday at the Metro Toronto Convention Centre.

Of course, I intend on checking it out for new decor trend inspiration and hopefully I will find a few things to help tackle those lagging decorating projects around my house.

With the cold weather we've been having, it was nice to get inside, check my coat and explore the hundreds of products and services on display.

I was glad to see that the show not only featured the latest and greatest in contemporary and modern decor, but also offered something for the traditionalist at heart.

Being a huge fan of the PBS show Downton Abbey, I found lots of inspiring traditional decor touches to mic into my modern decor; and with Downton Abbey trending like crazy, the show's traditional style will no doubt be peaking into our homes in the near future.

Lucky for me, I got a sneak peak at the show and found some fabulous items that I wanted to bring into my own urban castle.

Here's a few tips and tricks for navigating the large home and design shows:

**1.** Check your coat. The more comfortable you are, the more time you will want to spend exploring.

**2.** Leave the young ones at home. There's not a three-year-old on this planet that wants to be there.

**3.** Bring a list of products or services you are hoping to find. You can use your time much more efficiently if you know what you are looking for.

**4.** Don't get caught up in "special pricing," especially for large-ticket items. If you are serious about purchasing something, then leave a small deposit or ask for the special price to be extended a week so you can think about it.

**5.** Check the show's website in advance for free seminars and celebrity appearances you don't want to miss. Some great inspiration from an expert might just help solve a few of your design dilemmas.

Traditional wallpaper can take on a modern feel when printed with updated trend colours like grey and yellow. FARROW-BALL.COM

White Oak Gotham wood flooring: Hand scraped oak floor stained in a cool grey helps to add old-world charm to new, boxy spaces. VINTAGEFLOORING.COM

Lillian August's Albert sofa: Curvy lines and elephant-coloured fabrics help bring tradition to the most modern spaces. cocoonfurnishings.ca

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# Living off the grid: Tips to make your home more environmentally friendly

Hunting and fishing guide Bob May sets out to build the ultimate hunting lodge on DIY Network's Building Alaska. HANDOUT

**DIY.** While most of us can't go so far as to live off the grid, we can implement a few of these ideas in our home

We all want to do more to give back to the environment and help make the world a greener place.

Take inspiration from the new series Building Alaska in which expert hunting guide Bob May sets out to build the ultimate hunting lodge, battling the elements and personal challenges.

While most of us can't go so far as to live off the grid, we can certainly implement a few of these ideas in our homes.

**Sustainable Food**

If you were living off the grid you'd be responsible for hunting and fishing for your dinner, but there are ways to be a more responsible consumer without picking up your fishing rod. Consider purchasing from locally-grown food markets, and preserving summer's fruits and vegetables for enjoyment in the cooler months.

If you don't have the option to grow your own food, look for a community garden to join. Always be sure to know where your food comes from, and consider searching out meals like sustainable seafood.

**Solar Panels**

More and more houses are installing solar panels as a way to create and save money on electricity.

They are purchased and installed most often on the roof of a home, though you have to be sure it's right for you.

To generate the most electricity, the location of the solar panels needs to be where the maximum amount of solar radiation will reach them, and you'll need about 100 square feet of panels for every kilowatt of electricity. If your roof is not the appropriate place, you can consider pole- or ground-mounted systems.

**Harvest Rainwater**

To help protect the natural resource of water and your bank account, consider collecting rainwater for use in the dryer months or during drought restrictions, and especially for constant use in your garden throughout the summer.

Use a recycled barrel and place it at the bottom of a gutter or downspout system to collect the rain run-off and save it for a sunny day.

**Composting**

A simple and free way to restore the vitality of depleted soil, recycle kitchen and yard waste, reduce landfill waste and offer a natural alternative to chemical fertilizers is composting.

This can be done in your home or in your yard, but it is a simple and highly effective way to help the environment.

**BUILDING ALASKA AIRS TUESDAYS AT 9 P.M. ET/PT ON DIY NETWORK CANADA.**

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*Ener comfort offers $100/toilet instant rebate to the buyer **Carrier manufacturer offers up to $1000 rebate to replace the furnace

Dustin Byfuglien passes the puck during a game against the Ottawa Senators on Saturday at the MTS Centre. The defenceman's early start to the season has impressed Jets coach Claude Noel. MARIANNE HELM/GETTY IMAGES

# Big Buff playing large early on: Noel

**NHL.** Defenceman making his presence felt with his maturity, says Jets head coach

Big blue-liner Dustin Byfuglien looked pretty trim when he showed up for a brief Winnipeg Jets training camp this season.

But for coach Claude Noel, it's not just Byfuglien's physical conditioning, but the way he's playing that has made for a very impressive start to the season.

"His conditioning level is good," Noel said Wednesday, smiling after the Jets returned with three out of a possible four points from a two-game road swing.

"I think the thing that's important with Byfuglien is it's not so much the minutes but the consistency in his play and I think he's been fabulous in the way he's played."

Last season, he was the No. 2 scoring defenceman in the NHL but his defensive play sometimes was lacking. This season that has changed.

Byfuglien has so far logged a team-high 27:09 minutes, with a goal and two assists, and his partner Tobias Enstrom is a close second at 26:36 and is Winnipeg's scoring leader after just three games with four assists.

Noel suggests Byfuglien's development is a sign of maturity and that he recognizes what has to be done to succeed in a very short season.

"As we all know, Dustin can play that gunslinger type of game that can keep you on the edge of your seat in both ways and I think he's cognizant of that and I think he's managed his games well, really well.

"We're reliant on him, I think he recognizes the urgency of wins and I think he recognizes the impact he can have on games ... I think he's matured."

Last season the Jets shone at home but stumbled regularly on the road.

"I like the improvement from game to game," said the coach.

"I think the focus is good. I think the will to win is real good.... Very clearly for me, the players have thought about last season."

The win Tuesday in Washington was good, but Noel says he was particularly impressed with the team in Boston, where they battled to a 1-1 tie and walked away with a point after a shootout loss.

"To me that's a heavy game. How you're going to respond to that ... that's what impressed me the most about that game." THE CANADIAN PRESS

**Putting up the Pens**

The Jets will next take on the Pittsburgh Penguins Friday night at home.

**Athletics Canada**

## Two coaches fired after poor showing at London Games

Athletics Canada has fired its two top coaches.

Head coach Alex Gardiner and chief high performance officer Martin Goulet were let go by track and field's national governing body Wednesday, on the heels of Canada's disappointing performance at last summer's London Olympics.

"I think now especially with dollars being involved, there's accountability and there are performance expectations," Athletics Canada's CEO Rob Guy said in a phone interview from his Ottawa office. "Really we're in the performance business, we have objectives for performance and just like anybody else, we need to meet them.

"We get a lot of money to attempt to win medals, and when we don't do that, we need to look at ways as to how we get better."

Canada had set a target of three athletics medals in London, but fell short, coming away with just one — Derek Drouin's bronze in high jump. THE CANADIAN PRESS

**Track and field**

**"It's too hard paying for Anika to either go with me to Phoenix or to bring her through Toronto and drop her off in London."**

**London native Jessica Zelinka** on the difficulties of being a track and field athlete. Zelinka, one of Canada's top track athletes had to take a pass on a training camp in Phoenix next month. Zelinka's been without a coach since she moved to the U.S. with her husband. She also lost her funding for her three-year-old daughter Anika, who stays with her parents in London, Ont., when she travels for training.

# Jets showing signs of correcting past woes

Winnipeg Jets centre Nik Antropov collides with Marc Methot of the Ottawa Senators on Saturday. MARIANNE HELM/GETTY IMAGES

THE HOCKEY NEWS
Rory Boylen
winnipeg@metronews.ca

Though the Jets' sleepy home opener was an uninspiring start to the 2013 season, their next two games were impressive, considering the results ran counter to two problematic trends the team suffered with last season.

First, in travelling to Boston and Washington on back-to-back nights, Winnipeg faced its biggest demon: road games. Despite their strong showings at home in 2011-12, the Jets' 14-22-5 record away from the MTS Centre was one of the worst marks in the league and a major factor that kept them out of playoff contention late in the year. So, the fact Winnipeg walked away from its first sojourn south with three of a possible four points against the Bruins and Capitals should alleviate any lingering concerns left from the Ottawa match.

The second positive outcome specifically came from the Washington game. The Jets posted a 1-11-1 record in the back end of consecutive games last season, but took advantage of a sloppy Capitals team in a 4-2 win. To stare down these two major shortcomings from a year ago against two of the conference's better teams is a promising sign of things to come.

Another interesting development has been the selection of centres Claude Noel has used with his top scoring wingers. Olli Jokinen was brought in specifically to add a big body down the middle of one of the scoring lines, but that second spot has been open. While Bryan Little has played there in the past and Alexander Burmistrov is a nominee for the position, it was interesting to see Nik Antropov line up between Little and Andrew Ladd.

The combination of six-foot-two, 210-pound Jokinen and six-foot-six, 245-pound Antropov is an imposing duo down the middle. History has shown that to have success in the NHL, teams must have a presence in the middle of the ice. Though Antropov isn't the strongest offensive player, his linemates should carry most of that load, while the big Kazak clogs the neutral zone.

Line combinations are bound to change in the coming days and weeks, but this is a setup the coaching staff would be wise to let breathe.

See today's answers at metronews.ca/answers.

## Horoscopes

### Aries
**March 21 - April 20**
No matter how much of a livewire Aries you happen to be, there are only 24 hours in a day. If you want to do more in one area, you will have to do less in another. Start making plans right away.

### Taurus
**April 21 - May 21**
It's true that the higher you aim, the more challenges you will face but if you know what you want and if you believe in yourself there is nothing you cannot accomplish. Show the world what you're made of.

### Gemini
**May 22 - June 21**
Do something positive with your time and energy today. The Sun in your fellow Air sign of Aquarius raises your spirits and makes you believe that all things are possible. But it's still up to you to make the effort.

### Cancer
**June 22 - July 23**
The planets are making it easy for you to make difficult decisions. You know what needs to be done and you know if you don't do it no one else will either. You're clearly motivated to make a difference.

### Leo
**July 24 - Aug. 23**
Cosmic activity in your opposite sign means you must take other people's opinions into account now. If you put your own ego needs first, you can expect to meet some stiff opposition over the next few days.

### Virgo
**Aug. 24 - Sept. 23**
The Sun in the wellbeing area of your chart means you have to be a bit more sensible about what you do and how you do it. It's totally OK to work hard, but not so hard that you run yourself into the ground. That's never OK.

### Libra
**Sept. 24 - Oct. 23**
Creatively and romantically the next few weeks are going to be a lot of fun, so set your sights high and don't let anyone tell you that you are expecting too much from life. You'll get all you desire and more.

### Scorpio
**Oct. 24 - Nov. 22**
You need to pay attention to what loved ones are trying to tell you. Being a Scorpio, it's quite easy for you to switch off and ignore those around you but if you do that now you'll mess up big time.

### Sagittarius
**Nov. 23 - Dec. 21**
Over the next few days you will find that things start going your way for a change, which in turn will make you feel happier about life generally. Sagittarians who enjoy meeting new people will be in their element.

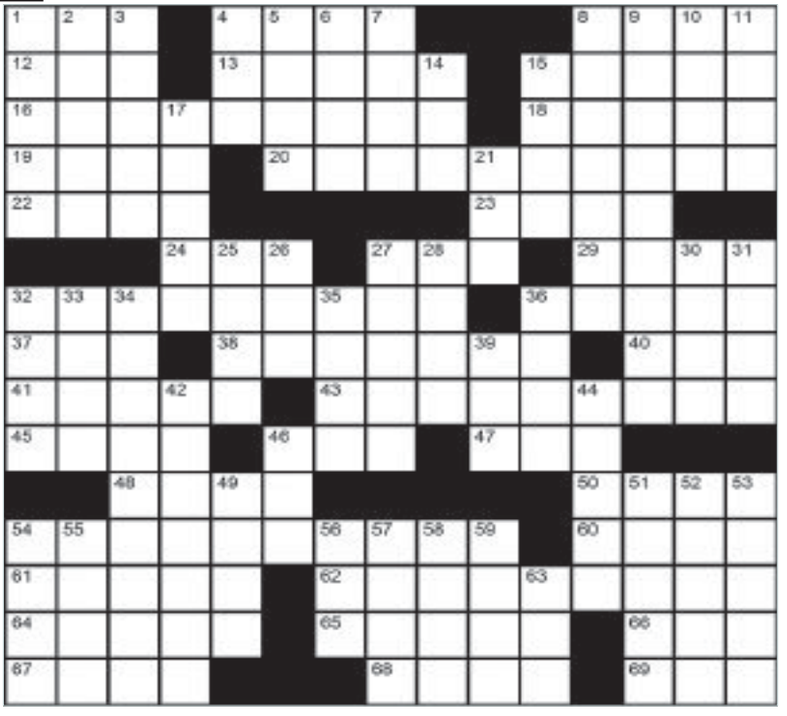
### Capricorn
**Dec. 22 - Jan. 20**
You've had a lot of ideas and started a lot of new projects in recent weeks. But if you want to be successful, you must be selective. Commit yourself to a single ambition and focus all your energies in that direction.

### Aquarius
**Jan. 21 - Feb. 19**
Forget everything that has gone before because the only thing that matters is what comes next. The Sun in your sign means a new start is possible, and the sooner you begin the sooner you will be smiling again.

### Pisces
**Feb. 20 - March 20**
You feel more deeply than others but that can sometimes put you at a disadvantage. For the remainder of the week, you need to use your head more. Logic is as important as intuition. **SALLY BROMPTON**

## Crossword: Canada Across and Down

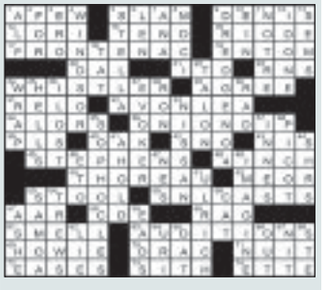
BY KELLY ANN BUCHANAN



**Across**
1. __ _ T (Perfectly suited)
4. Dime, for one
8. "Star Trek: Deep Space Nine" role
12. Sort of tide
13. Year: French
15. Company in 2001 headlines
16. Participant in MuchMusic's 'Search': 2 wds.
18. "Dead __ Society" (1989)
19. "Ouch!"
20. Tragically Hip singer: 2 wds.
22. French 101 verb
23. Strait of Belle __
24. Catch
27. Barley bristle
29. Danish shoe brand
32. Village in Harry Potter's world
36. Old Testament hymn
37. Lettered grocery store
38. Canadian hurdling champion Ms. Felicien
40. Narrow inlet
41. Actress Ms. Ward's
43. Canadian ballet star: 2 wds.
45. Poivres partners
46. Toronto Stock Exchange, cool-style
47. Floral necklace
48. Prefix with 'sphere'
50. Grate
54. Canadian-invented dessert: 2 wds.
60. Preposition
61. 'Weird Al' Yankovic hit: 2 wds.
62. Leonardo da Vinci drawing, __ Man
64. Ballet class handrail
65. SNL alum Cheri
66. Bdwy. musical, with Les
67. Country singer Collin
68. Make money
69. Verdi aria: "__ Tu"

**Down**
1. Topol's "Fiddler on the Roof" (1971) role
2. __ d'art
3. Don't like at all
4. Ottawa, e.g.
5. Blood type, _ __.
6. Bit of knowledge
7. Prefix to 'ologist'
8. Beyonce's last name
9. "Fame" (1980) star: 2 wds.
10. __ de boeuf
11. L'__ aux Meadows
14. Yore
15. Heroic verse
17. Movie actor Mr. Wilson's
21. Clamour
25. Rocker's li'l speakers
26. Bzzz-er
27. Type of antelope
28. Figure skater Johnny
30. Old Rome's 152
31. Sultanate of __
32. Kitty's sound effect
33. Arch type
34. Valour
35. Noah-style boats
36. Window piece
39. Address book no.
42. Fred of dance
44. Russian ballet company
46. Canuck comic Mr. Green
49. Bitty bug
51. Cartoon style of Japan
52. Step
53. Investment fraud scheme
54. Omaha, __.
55. Small battery size
56. Lacto-__ vegetarian
57. Chomp
58. Over-fed = __ _ lot
59. Keyboard letter, but it's stuck
63. 'Peng' tail?

## Yesterday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | | | 5 | | 2 | | | |
| 3 | 6 | | | | | | 1 | 8 |
| | 5 | | | 3 | | 4 | | |
| | 3 | | 8 | 5 | | | | 9 |
| | | 8 | | | | 7 | | |
| 5 | | | | 9 | 1 | | 3 | |
| | | 7 | | 2 | | | 6 | |
| 9 | 1 | | | | | | 8 | 5 |
| | | | 3 | | 9 | | | 7 |

### Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 2 | 4 | 6 | 1 | 9 | 8 | 3 | 5 |
| 9 | 1 | 6 | 8 | 3 | 5 | 4 | 7 | 2 |
| 8 | 5 | 3 | 4 | 2 | 7 | 1 | 9 | 6 |
| 1 | 3 | 8 | 7 | 5 | 6 | 2 | 4 | 9 |
| 4 | 7 | 5 | 1 | 9 | 2 | 6 | 8 | 3 |
| 2 | 6 | 9 | 3 | 4 | 8 | 7 | 5 | 1 |
| 5 | 4 | 2 | 9 | 7 | 1 | 3 | 6 | 8 |
| 3 | 8 | 1 | 5 | 6 | 4 | 9 | 2 | 7 |
| 6 | 9 | 7 | 2 | 8 | 3 | 5 | 1 | 4 |

## Weather

| TODAY | FRIDAY | SATURDAY |
|---|---|---|
| MAX: -22° MIN: -29° | MAX: -20° MIN: -21° | MAX: -6° MIN: -9° |

BT BREAKFAST TELEVISION

**JENNA KHAN**
**WEATHER SPECIALIST**
"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**

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